

Saturday

GROUP FITNESS ROSTER

Date	Class	Instructor
24th Feb	9:00am: BODYPUMP 10:00am: KIBOX COMBO EXPRESS	Sam G
3rd March	9:00am: BODYPUMP 10:00am: KIBOX COMBO EXPRESS	Michelle
10th March	9:00am: BODYPUMP 10:00am: KIBOX COMBO EXPRESS	Sam G
17th March	9:00am: BODYPUMP 10:00am: KIBOX COMBO EXPRESS	Claire F
24th March	9:00am: BODYPUMP 10:00am: KIBOX COMBO EXPRESS	Megan
31st March	9:30am: BODYPUMP	Teymara
7th April	9:00am: BODYPUMP 10:00am: KIBOX COMBO EXPRESS	Sam G
14th April	9:00am: BODYPUMP 10:00am: KIBOX COMBO EXPRESS	Claire
21st April	9:00am: BODYPUMP 10:00am: KIBOX COMBO EXPRESS	Michelle
28th April	9:00am: BODYPUMP 10:00am: KIBOX COMBO EXPRESS	Sam G
5th May	9:00am: BODYPUMP 10:00am: KIBOX COMBO EXPRESS	Claire
12th May	9:00am: BODYPUMP 10:00am: KIBOX COMBO EXPRESS	Sam G
19th May	9:00am: BODYPUMP 10:00am: KIBOX COMBO EXPRESS	Megan
26th May	9:00am: BODYPUMP 10:00am: KIBOX COMBO EXPRESS	Claire
4th June: Winter Timetable Commences		

Sunday

GROUP FITNESS ROSTER

Date	Class	Instructor
25th Feb	9:00am: BODYSTEP 10:00am: BODYBALANCE	Carolyn Tracey
4th March	9:00am: BODYSTEP 10:00am: YOGA	Carolyn Mangala
11th March	9:00am: BODYSTEP 10:00am: PILATES	Talia Sarah
18th March	9:00am: BODYSTEP 10:00am: BODYBALANCE	Carolyn
25th March	9:00am: BODYSTEP 10:00am: PILATES	Talia Shirley
1st April	9:30AM: BODYSTEP 10:30AM: YOGA/MED (90 mins)	Carolyn Michelle
8th April	9:00am: BODYSTEP 10:00am: BODYBALANCE	Talia Carolyn
15th April	9:00am: BODYSTEP 10:00am: YOGA	Carolyn Michelle
22nd April	9:00am: BODYSTEP 10:00am: PILATES	Talia Sarah
29th April	9:00am: BODYSTEP 10:00am: BODYBALANCE	Carolyn
6th May	9:00am: BODYSTEP 10:00am: PILATES	Talia Sarah
13th May	9:00am: BODYSTEP 10:00am: YOGA	Carolyn Mangala
20th May	9:00am: BODYSTEP 10:00am: BODYBALANCE	Talia Carolyn
27th May	9:00am: BODYSTEP 10:00am: YOGA	Carolyn Michelle
4th June: Winter Timetable Commences		