

# Saturday

## GROUP FITNESS ROSTER

Date	Class	Instructor
<b>9th March</b>	BODYPUMP	Claire
<b>16th March</b>	BODYPUMP	Zoe
<b>23rd March</b>	BODYPUMP	Michelle
<b>30th March</b>	BODYPUMP	Sam G
<b>6th April</b>	BODYPUMP	Cyndi
<b>13th April</b>	BODYPUMP	Samantha A
<b>20th April</b>	BODYPUMP	Samantha A
<b>27th April</b>	BODYPUMP	Claire
<b>4th May</b>	BODYPUMP	Zoe
<b>11th May</b>	BODYPUMP	Michelle
<b>18th May</b>	BODYPUMP	Sam G
<b>25th May</b>	BODYPUMP	Kay
<b>1st June</b>	BODYPUMP	Samantha A

**3rd June:** Winter Timetable Commences

# Sunday

## GROUP FITNESS ROSTER

Date	Class	Instructor
10th March	BODYSTEP YOGA	Kay Beck
17th March	BODYSTEP YOGA	Carolyn Michelle B
24th March	FREESTYLE STEP BODYBALANCE	Georgie Carolyn
31st March	BODYSTEP PILATES	Kay Claire
7th April	FREESTYLE STEP YOGA	Georgie Beck
14th April	BODYSTEP PILATES	Carolyn Sarah
21st April	BODYPUMP PILATES	Samantha A Georgie
28th April	BODYSTEP YOGA	Kay Mangala
5th May	FREESTYLE STEP BODYBALANCE	Georgie Carolyn
12th May	BODYSTEP PILATES	Carolyn Gerogie
19th May	FREESTYLE STEP YOGA	Georgie Michelle B
26th May	BODYSTEP PILATES	Kay Claire
2nd June	FREESTYLE STEP PILATES	Georgie Georgie

**3rd June:** Winter Timetable Commences