

# Saturday

## GROUP FITNESS ROSTER

Date	Class	Instructor
8th June	BODYPUMP	Cyndi
15th June	BODYPUMP	Zoe
22nd June	BODYPUMP	Michelle
29th June	BODYPUMP	Sam G
6th July	BODYPUMP	Kay
13th July	BODYPUMP	Samantha A
20th July	BODYPUMP	Cyndi
27th July	BODYPUMP	Samantha A
3rd August	BODYPUMP	Michelle
10th August	BODYPUMP	Sam G
17th August	BODYPUMP	Kay
24th August	BODYPUMP	Samantha A
31st August	BODYPUMP	Zoe

**2nd September:** Spring Timetable Commences

# Sunday

## GROUP FITNESS ROSTER

Date	Class	Instructor
9th June	BODYSTEP BODYBALANCE	Kay Carolyn
16th June	BODYSTEP YOGA	Carolyn Michelle B
23rd June	FREESTYLE STEP PILATES	Georgie Georgie
30th June	BODYSTEP BODYBALANCE	Kay Kay
7th July	FREESTYLE STEP YOGA	Georgie Mangala
14th July	BODYSTEP PILATES	Kay Sarah
21st July	FREESTYLE STEP PILATES	Georgie Georgie
28th July	BODYSTEP YOGA	Carolyn Mangala
4th August	FREESTYLE STEP BODYBALANCE	Georgie Carolyn
11th August	BODYSTEP PILATES	Kay Sarah
18th August	FREESTYLE STEP YOGA	Georgie Michelle B
25th August	BODYSTEP BODYBALANCE	Carolyn Kay

**2nd September:** Spring Timetable Commences