

SUMMER SCHOOL HOLIDAYS

WHAT'S ON AT BALC THESE SCHOOL HOLIDAYS

MONDAY 6 JANUARY - FRIDAY 24
JANUARY 2020



ACTIVE KIDS ZONE

ROCK CLIMBING

Max 8 children per session

	Monday 6 January	Wednesday 8 January	Friday 10 January	Monday 13 January	Friday 17 January
Session times	10am 11am	10am 11am	11am	10am 11am	10am 11am

OBSTACLE CHALLENGE

Max 30 children per session

- Cost: \$8.20 for rock climbing and \$6.40 for all other activities in the active kids zone.
- Bookings are essential and must be made in Centre with full payment. No phone bookings available.
- Parents/carers must remain in the viewing area for all children aged 5 to 9 years.
- Sports shoes must be worn to rock climbing sessions.
- All sessions run in the gymnastics hall.
- Rock Climbing and Obstacle Challenge sessions will run concurrently.
- Ages 5 to 16 years.

INFLATABLE FUN THESE HOLIDAYS

Inflatables will run across the January School Holidays at various times at Ballarat Aquatic and Lifestyle Centre, Eureka, Buninyong and Black Hill outdoor pools. Check our website and Facebook page for more details about these sessions. Use of the inflatables is FREE with the cost of admission.

www.ballarataquaticcentre.com

www.facebook.com/BallaratAquaticandLifestyleCentre

TURN OVER FOR HEALTHY KIDS SCHOOL HOLIDAY PROGRAM >>

HEALTHY KIDS SCHOOL HOLIDAY PROGRAM

MONDAY

20 January

TUESDAY

21 January

WEDNESDAY

22 January

THURSDAY

23 January

FRIDAY

24 January

Swim and Survive will run each day of the school holidays program. Various times throughout the morning from 9am onwards.

9am: Crawl Play

10am: Balance Play

11:30am: Gym for All

11:30am: Rock Climbing*

1pm: Fly - Ninja Warriors

1pm: Rock Climbing*

2pm: Tabloids

2pm: Rock Climbing*

9am: Crawl Play

10am: Balance Play

11:30am: Tabloids

11:30am: Rock Climbing*

1pm: Gym for All

1pm: Rock Climbing*

2pm: Fly - Circus

2pm: Rock Climbing*

10am: Balance Play

11:30am: Fly - Parkour

11:30am: Rock Climbing*

1pm: Tabloids

1pm: Rock Climbing*

2pm: Gym for All

2pm: Rock Climbing*

9am: Crawl Play

10am: Balance Play

11:30am: Gym for All

11:30am: Rock Climbing*

1pm: Fly - Everyday Hero

1pm: Rock Climbing*

2pm: Tabloids

2pm: Rock Climbing*

10am: Balance Play

11:30am: Tabloids

11:30am: Rock Climbing*

1pm: Gym for All

1pm: Rock Climbing*

2pm: Fly - Rings and Bars

2pm: Rock Climbing*

Intensive Swim and Survive Program

Swim and Survive is a comprehensive swimming and water safety initiative of Royal Life Saving. Levels are skill based, so please see Customer Service for bookings and times.

Crawl Play • 8 weeks - 18 months

Introduces babies to movement in a safe environment using songs, rhymes and gymnastics equipment.
Duration: 45 minutes. Location: Gymnastics Hall.

Balance Play • 18 months - 5 years

This class provides free play and organised stations to promote gymnastics through play. Each child must be accompanied by a responsible adult on the gymnastics floor.
Duration: 45 minutes. Location: Gymnastics Hall.

Gym For All • 5 - 16 years

Gymnasts will rotate around the different apparatus in the Gymnastics Hall learning and improving gymnastic skills. Ideal for new or current gymnasts.
Duration: 50 minutes. Location: Gymnastics Hall.

Tabloids • 5 - 16 years

Participants will get to experience 10 to 12 fun stations around the gymnastics hall that uses all of the gymnastics apparatus. Add some music and it's a gymnastics party!
Duration: 50 minutes. Location: Gymnastics Hall.

Fly • 5 - 16 years

Fly is set to excite! There are 5 different 'Fly' classes, each with a different theme; Ninja Warrior, Circus, Parkour, Everyday Hero and Rings, Bars and Superpowers. How many different ways can you fly?
Duration: 50 minutes. Location: Gymnastics Hall.

Rock Climbing • 5 - 16 years

Scale new heights on our rock climbing wall! Parents/carers must remain in the viewing area for children aged 5-9 years. Sports shoes must be worn to climbing sessions.
Duration: 50 minutes. Location: Gymnastics Hall.

***All Rock Climbing sessions are \$8.20 per session for members and non-members.**

You don't have to be a Healthy Kids Member to book into our School Holidays Program! All bookings must be made in Centre with our Customer Service team with full upfront payment required.
Intensive Swim and Survive Program: \$64.50 per child. Gymnastics Classes: \$6.40 per casual class. Maximum of two classes per child per day.