

# HEALTH CLUB SAFETY

- You **MUST** have and carry a towel. No towel No workout. You can purchase one from reception for \$2.
- Clean equipment down with wipes provided. 1-2 wipes per machine - **NOT** the same wipe for all machines.
- Wear a mask and keep it with you. You don't need to wear it when you are out of breath.
- Maintain 1.5m physical distance from others.
- Hand sanitiser is located at various points around the gym which we encourage you to use.

*If you notice these points not being adhered to please approach a staff member to follow up.*