

IMPORTANT INFORMATION

- Balance Play cost - \$8 per child, per session.
- Gymnastics and Rock Wall cost - \$10 per child, per session.
- All sessions must be booked online via the BALC Online Portal.
- Visit www.ballarataquaticcentre.com to book.
- Bookings open on Thursday 17 December 2020.
- Upfront payment is required in full when making a booking.
- Cancellations must be made at least 2 hours prior to your session start time, otherwise your payment will be forfeited.
- Cancellations can be made in the BALC Online Portal under 'My Bookings'.
- A credit will be applied to your account if you cancel at least 2 hours prior to your session start time.
- All sessions run in the Gymnastics Hall.
- Parents/carers must remain in the viewing area for all children aged 5-9 years.
- Sports shoes must be worn to rock climbing sessions.



SCHOOL HOLIDAY PROGRAM

JANUARY 2021



JANUARY 2021 SCHOOL HOLIDAY PROGRAM

	Wednesday 13 January	Friday 15 January	Tuesday 19 January	Wednesday 20 January	Thursday 21 January
10:00am - 10:45am	Balance Play	Balance Play	Balance Play	Balance Play	Balance Play
11:00am - 11:55am	Tumbling (Rebound)	Ninja Gymnastics	Tumbling (Rebound)	Gymnastics for All	Gymnastics for All
			Rock Wall	Rock Wall	Rock Wall
12:00pm - 12:55pm	Gymnastics for All	Gymnastics for All	Gymnastics for All	Tabloid Gymnastics	Ninja Gymnastics
			Rock Wall	Rock Wall	Rock Wall

Balance Play • 18 months - 5 years

Balance Play is a parent/guardian assisted (1 child per parent/guardian) program which includes a combination of guided free play and group activities for a 45 minute session. Location: Gymnastics Hall. Cost: \$8 per session.

Gymnastics For All • 4 - 16 years

Gymnastics for all content is directly pulled from our regular Monkey see Monkey Do after school program and will work gymnastics skills across a variety of apparatus and across a variety of skill levels. Duration: 55 minutes. Location: Gymnastics Hall. Cost: \$10 per session.

Tumbling (Rebound) • 4 - 16 years

From learning to forward roll, handstand and cartwheel right through to learning handsprings, tucks and complex tumbling skills (depending on existing skill level) come along and improve your skills and knowledge using the Gymnastics Floor, Air Floor and Trampolines. Duration: 55 minutes. Location: Gymnastics Hall. Cost: \$10 per session.

Ninja Gymnastics • 4 - 16 years

Ninja Gymnastics combines gymnastics skills and apparatus and includes some ninja and parkour skills! Be prepared for lots of jumping, rolling, swinging and fun! Duration: 55 minutes. Location: Gymnastics Hall. Cost: \$10 per session.

Tabloid Gymnastics • 4 - 16 years

Tabloid Gymnastics combines Ninja skills, Circus, Gymnastics and an obstacle course allowing kids to work around the entire gymnastics hall and have a try of lots of different areas! Duration: 55 minutes. Location: Gymnastics Hall. Cost: \$10 per session.

Rock Wall • 5 - 16 years

Scale new heights on our rock climbing wall! Parents/carers must remain in the viewing area for children aged 5-9 years. Sports shoes must be worn to climbing sessions. Duration: 55 minutes. Location: Gymnastics Hall. Cost: \$10 per session.

What about swimming? Due to capacity restrictions, our Swim & Survive intensive program **will not** be running in January 2021.