# **Crawl Play**

Crawl Play suits the growing needs of babies aged 8 weeks to approximately 18 months, with a parent-child ratio of 1:1.

This program helps your baby begin learning fundamental movement patterns and supports their development from infant to toddler. Crawl Play includes songs, sensory toys, soft shapes and hand apparatus (such as ribbons, balls, shakers, scarves).

### Classes run for 45 minutes.

#### **Crawl Play:**

- Is planned and run by experienced coaches who are on hand for support and ideas.
- Has different themes each week, enriching learning, creative thinking, and play.

## Is this class right for my child?

Your baby will get the most out of Crawl Play if they are aged between 8 weeks and 18 months. Whether they can lay, sit, crawl, toddle or walk, Crawl Play can cater for your baby.

If your child is over 18 months, is a confident and stable walker and can follow basic instructions, they may be ready to start Balance Play.

We know how unpredictable babies can be, so this class can be attended casually and must be booked in advance via the BALC Online Portal available on our website.

## Contact Ballarat Aquatic and Lifestyle Centre for more information.





