

IMPORTANT INFORMATION

- Our school holiday program is included in Healthy Kids memberships, with the exception of Rock Wall sessions (\$10 per child, per session).
- Cost for non-members:
 - Balance Play - \$8 per child, per session
 - Gymnastics - \$10 per child, per session
 - Rock Wall - \$10 per child, per session
- All sessions must be booked online via the BALC Online Portal.
- Visit www.ballarataquaticcentre.com to book.
- **Limit of two classes per child, per day**
- Bookings open on Tuesday 22 June 2021 for Healthy Kids Members and from Wednesday 23 June 2021 for non-members.
- You must pay upfront and in full when making a booking for rock wall sessions for members and non-members.
- Cancellations must be made at least two hours before your session start time, otherwise your payment will be forfeited.
- Cancellations can be made in the BALC Online Portal under 'My Bookings'.
- A booking credit will be applied to your account if you cancel at least two hours before your session start time.
- All sessions run in the Gymnastics Hall.
- Parents/carers **must remain** in the viewing area for all children aged 5-9 years.
- Sports shoes must be worn to rock climbing sessions.

SCHOOL HOLIDAY PROGRAM

JULY 2021

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	Monday 5 July	Tuesday 6 July	Wednesday 7 July	Thursday 8 July	Friday 9 July
10am - 10:45am		Balance Play	Balance Play	Balance Play	Balance Play
11am - 11:55am	Tumbling (Rebound)	Tabloid Gymnastics	Tumbling (Rebound)	Gymnastics for All	Tumbling (Rebound)
12pm - 12:55pm	Ninja Gymnastics	Gymnastics for All	Gymnastics for All	Tabloid Gymnastics	Ninja Gymnastics
	Rock Wall	Rock Wall	Rock Wall	Rock Wall	Rock Wall
1pm - 1:55pm	Gymnastics for All	Ninja Gymnastics	Tabloid Gymnastics	Tumbling (Rebound)	Tabloid Gymnastics
	Rock Wall	Rock Wall	Rock Wall	Rock Wall	Rock Wall

Balance Play • 18 months - 5 years

Balance Play is a parent/guardian assisted (one child per parent/guardian) program which includes a combination of guided free play and group activities for a 45 minute session. Location: Gymnastics Hall.

Gymnastics For All • 4 - 16 years

Gymnastics For All content is directly pulled from our regular Monkey See Monkey Do after school program and will work gymnastics skills across a variety of apparatus and across a variety of skill levels. Duration: 55 minutes. Location: Gymnastics Hall.

Tumbling (Rebound) • 4 - 16 years

From learning to forward roll, handstand and cartwheel right through to learning handsprings, tucks and complex tumbling skills (depending on existing skill level), come along and improve your skills and knowledge using the gymnastics floor, Air Floor and trampolines. Duration: 55 minutes. Location: Gymnastics Hall.

Ninja Gymnastics • 4 - 16 years

Ninja Gymnastics combines gymnastics skills and apparatus and includes some ninja and parkour skills! Be prepared for lots of jumping, rolling, swinging and fun! Duration: 55 minutes. Location: Gymnastics Hall.

Tabloid Gymnastics • 4 - 16 years

Tabloid Gymnastics combines Ninja skills, circus, gymnastics and an obstacle course allowing kids to work around the entire gymnastics hall and have a try of lots of different areas! Duration: 55 minutes. Location: Gymnastics Hall.

Rock Wall • 5 - 16 years

Scale new heights on our rock wall! Parents/carers must remain in the viewing area for children aged 5-9 years. Sports shoes must be worn to climbing sessions. Duration: 55 minutes. Location: Gymnastics Hall. Cost: \$10 per session for members and non-members.