

# Pool Rules

Ballarat Aquatic & Lifestyle Centre requests that patrons abide by the following pool rules when swimming at our Centre, which promote a safe environment, equity and a positive experience for all.

- Please follow BALC staff instructions at all times.
- **Your Child Your Focus:**
  - Children under 5 years within arms reach at all times.
  - Children under 10 years must be actively supervised at all times.
- Lap lane etiquette: swim to left side, choose appropriate lane.
- No bombing, running, flips, rough play, shoulder rides, sitting on lane ropes or multipurpose wall, playing in ramps or ball games.
- Phones are not permitted in our toddler, spa or hydrotherapy pool, or in communal change rooms.
- No offensive language or excessive public displays of affection.
- Patrons under 16 years not permitted in spa or hydrotherapy pool.
- Photos and videos only allowed with the approval of BALC staff.
- No food or drink to be consumed in pools.

## 3 WHISTLES = EVACUATION