

IMPORTANT INFORMATION

- Our School Holiday Program is included in Healthy Kids memberships, with the exception of Rock Wall sessions (\$10.20 per child, per session).
- Cost for **non-members**:
 - Balance Play: \$8.10 per child, per session
 - Gymnastics: \$10.20 per child, per session
 - Rock Wall: \$10.20 per child, per session
 - Teen Gymnastics: \$12.40 per child
 - Swim & Survive 3-Day Intensive: \$42.90 per child
- Sessions must be booked online via the BALC online portal at www.ballarataquaticcentre.com. Non-members who would like to enrol in our Swim & Survive 3-Day Intensive can book by calling BALC on 5334 2499.
- Limit of two classes per child, per day.
- Bookings for Healthy Kids members open Monday 3 April 2023. Bookings for non-members open Thursday 6 April 2023.
- Non-members must pay upfront and in full when making a booking. Members must pay upfront and in full for rock wall sessions.
- Cancellations must be made at least two hours before your session start time, otherwise your payment will be forfeited.
- Cancellations can be made online under the 'My Bookings' tab of the BALC online portal.
- A booking credit will be applied to your account if you cancel at least two hours before your session start time.
- For all gymnastics classes, parents/carers of children aged under 10 years must stay in the viewing area.
- **IMPORTANT! Closed-toe sports shoes must be worn to rock climbing sessions.**
- For all swimming lessons, parents/guardians must abide by our Watch Around Water policy. Parents/guardians must remain in the aquatic area of the centre at all times. Children under 5 must wear a PINK armband. Children under 10 must wear a YELLOW armband.



17 - 21 April 2023



School
HOLIDAY
Program

TIMETABLE

	Monday 17 April	Tuesday 18 April	Wednesday 19 April	Thursday 20 April	Friday 21 April
9:00am		Swim & Survive 3-day Intensive. Various times throughout the morning.			
9:45am	Balance Play	Balance Play	Balance Play	Balance Play	Balance Play
10:45am	Balance Play		Balance Play		
11:00am		Tabloid Gymnastics		Gymnastics for All	Tabloid Gymnastics
		Rock Wall		Rock Wall	Rock Wall
12:00pm	Tabloid Gymnastics	Gymnastics for All	Ninja Gymnastics	Ninja Gymnastics	Tabloid Gymnastics
	Rock Wall	Rock Wall	Rock Wall	Rock Wall	Rock Wall
1:00pm	Gymnastics for All	Gymnastics for All	Gymnastics for All	Ninja Gymnastics	Gymnastics for All
	Rock Wall	Rock Wall	Rock Wall	Rock Wall	Rock Wall
2:00pm	Ninja Gymnastics		Gymnastics for All		
	Rock Wall		Rock Wall		
2:30pm		Teen Gymnastics			

Balance Play • 18 months to 5 years: a parent/guardian assisted (one child per parent/guardian) program with a combination of guided free play and group activities. Duration: 45 minutes.

Gymnastics for All • 4 to 16 years: content is from our regular Monkey see Monkey Do after school program and includes skills from a variety of apparatus and skill levels. Duration: 55 minutes.

Ninja Gymnastics • 4 to 16 years: combines gymnastics skills and some ninja and parkour skills! Be prepared for lots of jumping, rolling, swinging and fun! Duration: 55 minutes.

Tabloid Gymnastics • 4 to 16 years: working in small groups, gymnasts move around the Gymnastics Hall trying a variety of activities from gymnastics to parkour to obstacle courses! Duration: 55 minutes.

Teen Gymnastics: Build on more complex skills including tumbling, bars, beams and more. Open to gymnasts in our 2-hour gymnastics program or advanced gymnasts aged 13+ years. Duration: 90 minutes.

Rock Wall • 5 to 16 years: Scale new heights on our rock climbing wall! Parents/carers of children between 5 and 9 years **must** stay in the viewing area. **IMPORTANT: Closed-toe sports shoes must be worn to climbing sessions.** Duration: 55 minutes. Cost: \$10.20.

Our Swim & Survive Intensive program is back! Our intensive program is a great opportunity for children to strengthen and accelerate their skills. Students enrol in a 30 minute lesson that is run at the same time each day for 3 consecutive days. Places are limited and not guaranteed - get in quick!

How to Book: Healthy Kids Members must book in the BALC Online Portal under the 'Swimming and Gymnastics Lessons' tab. Students must be booked into the class level that they are currently enrolled in. **Non-members** must call BALC and speak to our Customer Service Team to book so we can help find the right class level for your child.