

## IMPORTANT INFORMATION

- Our School Holiday Program is included in Healthy Kids memberships, with the exception of Rock Wall sessions (\$10.60 per child, per session).
- Cost for **non-members**:
  - Balance Play: \$8.40 per child, per session
  - Gymnastics: \$10.60 per child, per session
  - Rock Wall: \$10.60 per child, per session
  - Teen Gymnastics: \$12.80 per child
  - Swim & Survive 3-Day Intensive: \$44.40 per child
- Sessions must be booked online via the BALC online portal at [www.ballarataquaticcentre.com](http://www.ballarataquaticcentre.com). Non-members who would like to enrol in our Swim & Survive 3-Day Intensive can book by calling BALC on 5334 2499.
- Limit of two classes per child, per day.
- Bookings for Healthy Kids members open 9am Monday 4 September 2023. Bookings for non-members open 9am Monday 11 September 2023.
- Non-members must pay upfront and in full when making a booking. Members must pay upfront and in full for rock wall sessions.
- Cancellations must be made at least two hours before your session start time, otherwise your payment will be forfeited.
- Cancellations can be made online under the 'My Bookings' tab of the BALC online portal.
- A booking credit will be applied to your account if you cancel at least two hours before your session start time.
- For all gymnastics classes, parents/carers of children aged under 10 years must stay in the viewing area.
- **IMPORTANT! Closed-toe sports shoes must be worn to rock climbing sessions.**
- For all swimming lessons, parents/guardians must abide by our Watch Around Water policy. Parents/guardians must remain in the aquatic area of the centre at all times. Children under 5 must wear a PINK armband. Children under 10 must wear a YELLOW armband.



18 - 28 September 2023



School  
**HOLIDAY**  
Program

# TIMETABLE

	Monday 18 Sept	Tuesday 19 Sept	Wednesday 20 Sept	Thursday 21 Sept	Friday 22 Sept
<b>9:45am</b>	Balance Play	Balance Play	Balance Play	Balance Play	Balance Play
<b>10:45am</b>	Balance Play		Balance Play		Balance Play
<b>11:00am</b>		Tabloid Gymnastics Rock Wall		Gymnastics for All Rock Wall	
<b>12:00pm</b>	Tabloid Gymnastics Rock Wall	Gymnastics for All Rock Wall	Ninja Gymnastics Rock Wall	Ninja Gymnastics Rock Wall	Tabloid Gymnastics Rock Wall
<b>1:00pm</b>	Gymnastics for All Rock Wall	Gymnastics for All Rock Wall	Gymnastics for All Rock Wall	Ninja Gymnastics Rock Wall	Gymnastics for All Rock Wall
<b>2:00pm</b>	Ninja Gymnastics Rock Wall		Gymnastics for All Rock Wall		Ninja Gymnastics Rock Wall
<b>2:30pm</b>		Teen Gymnastics		Teen Gymnastics	

	Monday 25 Sept	Tuesday 26 Sept	Wednesday 27 Sept	Thursday 28 Sept	Friday 29 Sept
<b>9:00am - 12pm</b>	No classes	<b>Swim &amp; Survive 3 Day Intensive Program</b> Various times throughout the morning.			No classes

**Balance Play • 18 months to 5 years:** a parent/guardian assisted (one child per parent/guardian) program with a combination of guided free play and group activities. Duration: 45 minutes.

**Gymnastics for All • 4 to 16 years:** content is from our regular after school gymnastics program and includes skills from a variety of apparatus for a range of skill levels. Duration: 55 minutes.

**Ninja Gymnastics • 4 to 16 years:** combines gymnastics skills and some ninja and parkour skills! Be prepared for lots of jumping, rolling, swinging and fun! Duration: 55 minutes.

**Tabloid Gymnastics • 4 to 16 years:** working in small groups, gymnasts move around the Gymnastics Hall trying a variety of activities from gymnastics to parkour to obstacle courses! Duration: 55 minutes.

**Teen Gymnastics:** Build on more complex skills including tumbling, bars, beams and more. Open to gymnasts in our 2-hour gymnastics program or advanced gymnasts aged 13+ years. Duration: 90 minutes.

**Rock Wall • 5 to 16 years:** Scale new heights on our rock climbing wall! Parents/carers of children between 5 and 9 years **must** stay in the viewing area. **IMPORTANT: Closed-toe sports shoes must be worn to climbing sessions.** Duration: 55 minutes. Cost: \$10.60.

**Our Swim & Survive Intensive program is back!** Our intensive program is a great opportunity for children to strengthen and accelerate their skills. Students enrol in a 30 minute lesson that is run at the same time each day for 3 consecutive days. Places are limited and not guaranteed - get in quick!

**How to Book: Healthy Kids Members** must book in the BALC Online Portal under the 'Swimming and Gymnastics Lessons' tab. Students must be booked into the class level that they are currently enrolled in. **Non-members** must call BALC and speak to our Customer Service Team to book so we can help find the right class level for your child.