

IMPORTANT INFORMATION

- Our school holiday program is included in Swimming and Gymnastics Lesson memberships, with the exception of Rock Wall sessions.
- Cost for non-members:
 - Balance Play: \$8.60 per child, per session
 - Gymnastics (55 minutes): \$10.90 per child, per session
 - Gymnastics (90 minutes): \$13.20 per child, per session
 - Rock Wall: \$10.90 per child, per session
- All sessions must be booked online via the BALC online portal at www.ballarataquaticcentre.com.
- Limit of two classes per child, per day.
- Bookings for Members open **9am Monday 30 June 2025**. Bookings for non-members open **9am Monday 7 July 2025**.
- Non-members must pay upfront and in full when making a booking. Members must pay upfront and in full for rock wall sessions.
- Cancellations must be made at least two hours before your session start time, otherwise your payment will be forfeited.
- Cancellations can be made online under the 'My Bookings' tab on the BALC online portal.
- A booking credit will be applied to your account if you cancel at least two hours before your session start time.
- **No-Show Policy: if you fail to cancel or do not attend your booked session, your bookings for the rest of the program will be cancelled.**
- For all gymnastics classes, parents/guardians of children aged under 10 years must stay in the viewing area.
- **IMPORTANT! Closed-toe sports shoes must be worn to rock climbing sessions.**



SCHOOL HOLIDAY PROGRAM

14-18 July 2025

TIMETABLE

	Monday 14 July	Tuesday 15 July	Wednesday 16 July	Thursday 17 July	Friday 18 July
9:45am – 10:30am	Balance Play	Balance Play	Balance Play	Balance Play	Balance Play
10:45am – 11:30am	Balance Play	Balance Play	Balance Play		
11:00am – 11:55am				Tabloid Gymnastics	Tabloid Gymnastics
				Rock Wall	Rock Wall
12pm – 12:55pm	Tabloid Gymnastics	Gymnastics for All	Tabloid Gymnastics	Ninja Gymnastics	Gymnastics for All
	Rock Wall	Rock Wall	Rock Wall	Rock Wall	Rock Wall
1pm – 1:55pm	Ninja Gymnastics	Gymnastics for All	Gymnastics for All	Gymnastics for All	Gymnastics for All
	Rock Wall	Rock Wall	Rock Wall	Rock Wall	Rock Wall
2pm – 2:55pm	Ninja Gymnastics	Intermediate & Advanced Tumbling (7-16 Years, 90 minutes)	Gymnastics for All	Intermediate Tumbling (7-14 Years, 90 minutes)	
	Rock Wall		Rock Wall		

Balance Play • 18 months to 5 years: a parent/guardian assisted (**one child per parent/guardian**) program with a combination of guided free play and group activities. Duration: 45 minutes.

Gymnastics for All • 4 to 16 years: content is from our regular after school program and includes skills from a variety of apparatus and skill levels. Duration: 55 minutes.

Ninja Gymnastics • 4 to 16 years: combines gymnastics skills and apparatus and includes some ninja and parkour skills! Be prepared for lots of jumping, rolling, swinging and fun! Duration: 55 minutes.

Tabloid Gymnastics • 4 to 16 years: ninja skills, circus, and gymnastics skills with an obstacle course allowing kids to work around the entire gymnastics hall and try of lots of different areas! Duration: 55 minutes.

Tumbling (Dance Acro) • Intermediate 7-14 years: Designed for dancers (and gymnasts) to work on basic to intermediate tumbling including handstands, cartwheels, round-off's, front handsprings and walkovers. This class is open to students with basic to intermediate Gymnastics/Acro knowledge who have a basic handstand and cartwheel and/or gymnasts enrolled in our Swing, Flip, Glide or Twist class. Duration: 90 minutes.

Tumbling (Dance Acro) • Advanced 11+ years: Designed for dancers (and gymnasts) to work on intermediate to advanced tumbling including front and back handsprings, front and back tucks and aerials. This class is open to students with intermediate to advanced tumbling skills who can successfully walkover and round-off and/or students enrolled in our Twist or Barani class. Duration: 90 minutes.

Rock Wall • 5 to 16 years: Scale new heights on our rock climbing wall! Parents/carers of children between 5 and 9 years must stay in the viewing area. Closed-toe sports shoes must be worn to climbing sessions. Duration: 55 minutes.



Due to resurfacing works, the Learn to Swim pool will be closed to the public from Wednesday 9 July until Sunday 3 August 2025. Please visit our website for more information.