## Ballarat Aquatic and Lifestyle Centre **Gymnastics Levels**

Roll

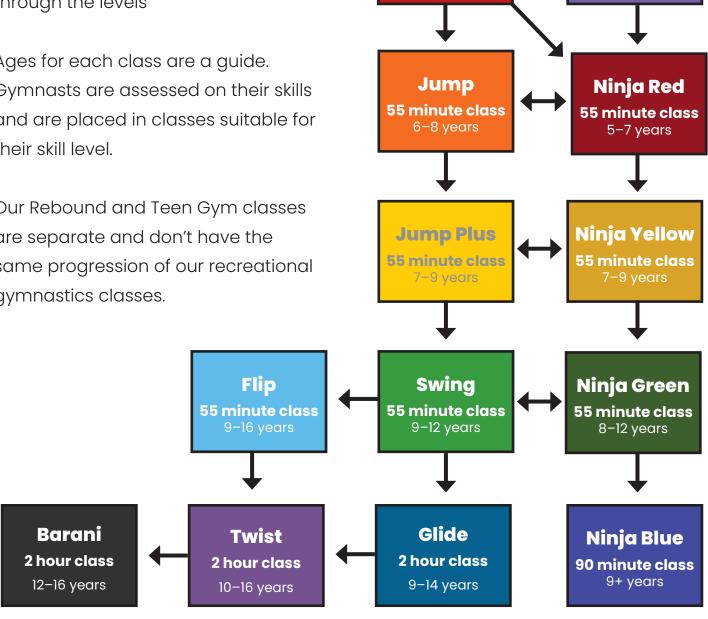
55 minute class

4-6 years

Our gymnastics levels make sure our gymnasts are being challenged and have a clear pathway for progression through the levels

Ages for each class are a guide. Gymnasts are assessed on their skills and are placed in classes suitable for their skill level.

Our Rebound and Teen Gym classes are separate and don't have the same progression of our recreational gymnastics classes.



**Tumble** 90 minute class **Teen Gym** 1 hour class 12-17 years

Access All 15 minute class



Mini Ninja

55 minute class

4-6 years